

ZIKA PREPAREDNESS AND RESPONSE PLAN FOR OUTBREAK CONTROL

EPIDEMIOLOGICAL SURVEILLANCE PLAN

24 MAY 2015 (REVISION 4: 16 NOVEMBER 2015)

BACKGROUND

The Pan American Health Organization (PAHO) / World Health Organization (WHO), on 7 May 2015, issued an Epidemiological Alert recommending that Member States establish and maintain the capacity for Zika virus infection detection, clinical management and an effective public communication strategy to reduce the presence of the mosquito that transmits this disease, particularly in areas where the vector is present.

PHASE 1: PREPAREDNESS

During the preparedness phase, the epidemiological surveillance system of Zika virus infection in Jamaica will be strengthened through the following strategies:

- 1. Training the epidemiological and clinical staff on Zika management
- 2. Standardizing a Case Definition
- 3. Designation of Zika Fever as a Class 1 Notifiable disease
- 4. Laboratory surveillance for confirmation of autochthonous transmission of Zika Infection

Clinical Features

Common Clinical Features

- o Fever
- Non-purulent conjunctivitis
- o Headache
- o Myalgia
- o Arthralgia
- o Asthenia
- Maculopapular rash
- o Oedema in the lower limbs

Less Common Clinical Features

- o Retro-orbital pain
- o Anorexia
- Vomiting
- o Diarrhoea
- Abdominal pain
- o Mild Thrombocytopenia (laboratory finding)
- o Mild Leucopenia (laboratory finding)

Severe Clinical Features

- o Guillain Barre
- o Meningoencephalitis
- o Thrombocytopenia purpura

Suspected Case (Preparedness Phase):

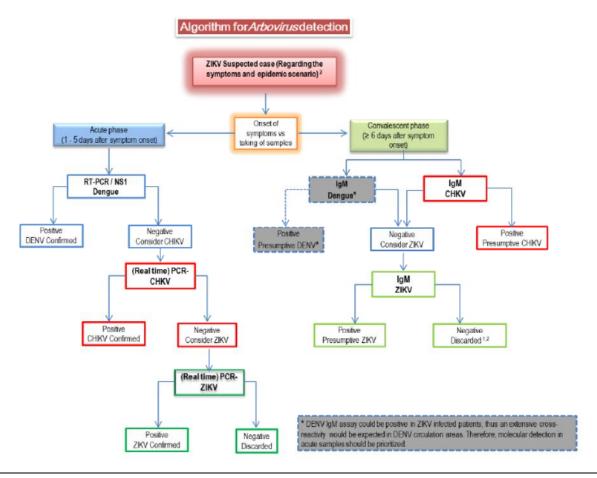
Patient with rash or elevated body temperature (> 37.2 °C) with one or more of the following symptoms (not explained by other medical conditions):

- Arthralgia or myalgia
- Non-purulent conjunctivitis or conjunctival hyperaemia
- Headache or malaise

in someone who resides in or has visited epidemic or endemic areas within two weeks prior to the onset of symptoms.

Confirmed Case:

A suspected case with laboratory positive result for the specific detection of Zika virus. (see figure 1).



Source: PAHO/WHO Zika virus (ZIKV) Surveillance in the Americas: Interim guidance for laboratory detection and diagnosis 12 May 2015

Figure 1: Algorithm for the Detection of the Zika Virus

Designation of Zika Fever as a Class 1 Notifiable Disease

Zika Fever is a Class 1 Notifiable disease and is to be notified on suspicion within 24 hours to the Parish Health Department and the National Epidemiology Unit, Ministry of Health. Cases (confirmed by laboratory testing) should also be notified as a Class 1 Notifiable disease to the Parish Health Department and the National Epidemiology Unit, Ministry of Health.

Laboratory Testing for Zika

Samples for serology should be sent to the National Public Health Laboratory along with the completed CARPHA Laboratory form. The following are the requirements for the sampling and for the conservation of the sample:

- Type of sample: Serum: 4-5 mls. of blood in a plain red top tube
 - Acute phase: Until 8 days after symptom onset
 - o Convalescent phase: 10ó15 days after symptom onset

• Conservation of the sample:

- o Keep refrigerated (268°C) if sample will be processed within 48 hours at the NPHL.
- o Keep frozen (-10 to-20°C) if sample will be processed after the first 48 hours.
- o Maintain frozen (-70°C) if sample will be processed after one week.

Method for Confirmation of the Start of a Zika Outbreak in Jamaica

Laboratory surveillance will be used as the methodology for the confirmation of autochthonous transmission.

Inclusion Criteria

The following are inclusion criteria for the laboratory surveillance to confirm autochthonous transmission:

- 1. Samples that are negative for Dengue and CHIK testing AND consistent with ZIKA.
- 2. Cases consistent with clinical features of Zika: fever AND non-purulent conjunctivitis
- 3. The samples should be processed according to the day of sampling with respect to the onset of symptom. The algorithm in Appendix 2 should be strictly followed by the laboratory. At most 25 of the samples positive for Zika should be sent to the collaborating laboratory and 10% of the negative samples that fit the Case Definition.

PHASE 2: ESTABLISHED OUTBREAK

The confirmation of an imported or autochthonous case of Zika Fever will activate the Ministry of Health response mechanisms, the National and International Epidemiological Focal Point, National IHR Focal Point and the PAHO / WHO IHR Contact Point will be notified, as described by the International Health Regulations (Appendix 1).

Enhanced Surveillance

The clinical and epidemiological surveillance system will be enhanced based on the epidemiology of the confirmed case(s).

- The case definitions will be changed to:
 - Suspected Case (Established Outbreak):

Patient with rash or elevated body temperature (> 37.2 °C) with one or more of the following symptoms (not explained by other medical conditions):

- Arthralgia or myalgia
- Non-purulent conjunctivitis or conjunctival hyperaemia
- Headache or malaise

Confirmed Case:

A suspected case with laboratory positive result for the specific detection of Zika virus.

- All persons fitting the Case Definition should be notified immediately to the Parish Health Department and the National Epidemiology Unit, Ministry of Health.
- A detailed investigation of all suspected cases is to be conducted. A report should be submitted within 48 hours using the standard Investigation Form (Appendix 2), but not limited to this form.
- Surveillance of persons with similar exposure is to be conducted for at least 21 days post exposure. A line listing is to be completed, indicating the possible date of exposure, the date that person was contacted and their clinical status recorded.
- Active community surveillance is to be conducted where indicated (Appendix 3).

Characterization of the Outbreak

The data related to the Zika fever outbreak will be analyzed regularly (weekly or daily as required) to characterize the outbreak.

- Demographic characteristics of the outbreak
- Monitoring and description of the spread of Zika virus
- Clinical features
- Clinical severity and impact on society
- Identification of risk factors for severe disease

PHASE 3: END OF THE OUTBREAK

Based on the epidemiological assessment, a decision will be made regarding declaration of the end of the outbreak.

PHASE 4: ENDEMIC SEASONAL TRANSMISSIONS

Zika fever as a Class 1 Notifiable disease will be monitored according to the current Integrated Surveillance system. The preparedness plan will be reviewed and revised in keeping with the epidemiological situation to maintain preparedness.

FRAMEWORK FOR EPIDEMIOLOGICAL SURVEILLANCE OF ZIKA

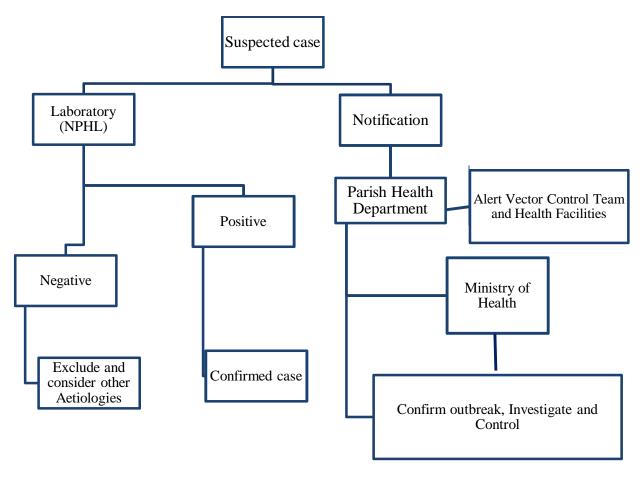
Expected Result	Indicators
Zika Epidemiological Surveillance system for timely alert and opportune response implemented.	 Zika surveillance systems in place (e.g., laboratory data, clinical data, entomological data) Number of sites (Hospitals, Health Centres, and Private Doctors) within the country that have the information about Zika fever (Epidemiological Surveillance Plan) Zika fever outbreaks reported according to IHR (2005) guidelines.

Epi Activities	Tasks	Responsible Persons	Budget
Phase 1: Preparedness	Include Zika as part of	CMO, National	
	Disease Surveillance	Epidemiologist,	
1. Strengthen the	System ó Class 1	Medical	
epidemiological and	Notifiable disease	Epidemiologist,	
laboratory	(reported immediately on	Communicable	
surveillance systems	suspicion, within 24hrs).	Diseases, Director,	
for Zika in the		National Laboratory	
countries of the	Standardize a Zika Case	Services (NLS),	
Caribbean Sub- region	Definition (clinical and	Director, EDMSSB	
	epidemiological) based on		
	PAHO/WHO guidelines.		
	Set up clinical, laboratory		
	and epidemiological		
	surveillance		
	Standardize the methods		
	used to determine the		
	criteria (clinical,		
	epidemiological and		
	laboratory) to confirm the		
	start of a Zika outbreak		
	Train the enidemiological		
	Train the epidemiological, laboratory and clinical		
	staff on Zika fever		
	management		
	management		
	Review and revise		
	epidemiological		
	surveillance plan		
	r		
<u> </u>	<u> </u>	1	<u>I</u>

Epi Activities	Tasks	Responsible Persons	Budget
Phase 2: Established outbreak	Declare the start of the outbreak	СМО	
1. Confirmation/ Declaration of the beginning of an outbreak	Classify cases as locally-acquired or imported cases. Notify the National and International Epidemiological Focal Points, National IHR Focal Point and PAHO / WHO IHR Contact Point, according to IHR (2005).	National Epidemiologist, Medical Epidemiologist, Communicable Diseases IHR NFP ó Officer with Primary Responsibility	
	Enhance clinical, epidemiological and laboratory surveillance systems. Review and revise epidemiological surveillance plan	National Epidemiologist, Medical Epidemiologist, Communicable Diseases, Director, NLS	
Monitor and assess the epidemic situation	Activate and maintain the National, Regional and Parish Emergency Operations Centres / Coordination mechanisms. Establish routine communication mechanisms with parish and region al health authorities and international organizations Analyze and interpret weekly data and develop a daily and weekly outbreak report. Provide support and technical assistance to the field	CMO, Director. EDMSS, National Epidemiologist, MOH NEOC, Ministry of Health Emergency and Disaster Risk Management Committee	

Epi Activities	Tasks	Responsible Persons	Budget
PHASE 3: End of	Maintain the monitoring	CMO, Director,	
the outbreak	and evaluation activities.	EDMSS, National	
		Epidemiologist,	
1. Analyze the	Conduct after-action	Ministry of Health	
actions taken during	evaluations to identify and	Emergency and	
the outbreak	remedy gaps in the country	Disaster Risk	
	surveillance and response	Management	
	program.	Committee, Director,	
		National Laboratory	
		Services (NLS)	
	Review and revise	National	
	Epidemiological	Epidemiologist,	
	Surveillance Plan	Medical	
		Epidemiologist,	
		Communicable	
		Diseases, Director,	
		NLS	
DILACE 4. Endomio	Establish a magylan	CMO Dimenton	
PHASE 4: Endemic	Establish a regular, integrated surveillance	CMO, Director, EDMSS, National	
seasonal transmissions		Epidemiologist,	
<u>transmissions</u>	program.	Ministry of Health	
1. Maintain the	Review evaluation of the	Emergency and	
surveillance	plan and revise the	Disaster Risk	
activities	preparedness plan to	Management Management	
activities	ensure preparedness is	Committee	
	maintained.	Committee	

 $\frac{\text{APPENDIX 1}}{\text{Algorithm for Notification and Intervention of a Suspected Case}}$



APPENDIX 2



ZIKA FEVER CASE INVESTIGATION FORM											
Reporting Centre:							Date of R	eport	/ /	(dd	l/mm/yy)
1. Patient informa	tion										
Name							Age (yrs)	Sex: M	F		
Address			P	hone #			D.O.B:	/ /	(dd/n	nm/yy)	
Community (STAT)	N):						Case #	Occupation	n		
2. Clinical Data											
Date of onset of	illness	/ /		(dd/n	nm/yy)						(dd/mm/yy)
Clinical features	Y	/ N	j	Date of	Onset	Clin	ical features		Y	/ N	Date of Onset
Fever				/	/	Non	-purulent Co	njunctivitis			//
Arthralgia				/_	/	Low	er Limb Oed	ema			//
Is the Arthralgia Sev	vere?					Peri	articular oede	ema			//
Arthralgia (j	oint pain) ó	Circle/	list joi	ist joints involved			Skin manifestations Describe:				//
Hand: R L Wr	ist R L	Foot:	R L	Ank	de: R L	Mya	algia				//
Others:					Back pain					//	
Clinical features	nical features Y / N Date of Onset		Onset	Headache				0	//		
Arthritis	hritis		/		o-orbital Pair				//		
Abdominal Pain			//			Asthenia (generalized weakness)					//
Vomiting			//			Others: (Specify)					//
Diarrhoea		-		/_						_	//
Additional Clinica	1 Features:								•		
Risk Factors:									1		
Pregnancy						Oth	er:				
Diabetes											
Cardiovascular diseases											
Sickle Cell Disease											
Clinical diagnosis:											
Is/was this patient he	ospitalised?		Y	N	Date (s)		Outcome of	illness			
					//	′					
Resolution of symp	toms				/ /	/					

3. Exposure an	d Travel Histo	ory									
			Y	N	Date		Details				
Has the patient to Zika fever ende within the past 2	mic/epidemic a	area									
Has the patient b	een in contact										
with a Zika few past 2 weeks	er case within	the									
Country, Endem	ic/Epidemic Aı	rea	Arrival	-Date &	Time	De	parture-Date & T	ime	Accom	modations	
						_	47		_		
Visitors from ab	road - Country		Date of	Arrival		Da	te of Departure		Remar	ks	
Places visited in emphasis on placed daylight hours											
4. LABORATO	ORY DATA										
Specimen	Date collected	Da	te recød	Conditi	on		Test	R	esult	Date sent	Comment
First blood							Virus				
specimen							Isolation				
							IgM ELISA				
Second blood specimen							IgG				
							RT-PCR				
5. ENVIRONN	MENTAL SUR	RVEY									
Community typ	Planned					annec					
Aedes population	□ Aegypt										
Water supply:			□ Piped								
Solid waste coll	ection:		☐ Frequer	nt (at lea	st once	wee	ekly) 🗆 Infre	quent			
AEDES INDICE	ES SURROUNI	DINC		IUNITY:							
			Home					orkplace/School			
Premises inc	dex:										
Container in	ndex:										
Breteaux inc	dex:										
INVESTIGATO	R:	ı					<u> </u>				
Name:				Sig	nature:	:			Da	ıte:	
TO BE COMPL	ETED BY THE	Е МЕ	DICAL				LTH				
6. Final Case		□Sı	uspected	d Case				□Confirmed Case			
Classificat	tion:		□Im	ported					□Im	ported	
			□ Aı	itochtho	nous					utochthonou	S
									Discarde	ed	

APPENDIX 3

CONTACT TRACING AND COMMUNITY FEVER SURVEILLANCE

The methodology for community fever surveillance is different based on the epidemiological situation. The following scenarios are considered in this document:

- A. Imported Zika fever
- B. One Autochthonous Case
- C. Cluster of Suspected Zika fever

A. Imported Zika Fever

Imported Zika fever cases (suspected and confirmed) should be investigated and a case investigation completed using the Case Investigation Form as a guide. The investigation is to be reviewed by the Parish Medical Officer of Health (MO(H)) and forwarded to the National Surveillance Unit (NSU)

Travel Companions: persons with similar exposure, that is persons who travelled with the case should be followed for at least 12 days (maximum intrinsic incubation period) for the development of symptoms of Zika fever.

Household Contacts: household contacts should be followed for at least 22 days (total of the maximum extrinsic and intrinsic incubation period) after the onset of symptoms or after the person returned from overseas.

School and Work Contacts: If persons with the diagnosis of Zika fever during the likely period for transmission went to work or school the appropriate officer (nurse, HR Department, Manager, Principal, Guidance Counsellor) should be sensitized to report any new case or reported illness to the Health Department.

Community: Households/Premises within a **200m** radius from the case should be visited **at least** eight days after the onset of symptoms. Persons fitting the case definition should have a case investigation form completed at first contact. Blood should be taken from 1 in 10 persons that fit the case definition. That is a case investigation form should be completed for all suspected cases and blood from 1 in 10 of the cases. Community health alert cards should be distributed to each household visited.

The following information should be obtained for each community surveyed:

- O Total number of households in the 200m radius
- Number of households visited
- Number of households interviewed
- Number of persons with fever
- o Number with fever and joint pain
- o Number of community health alert cards distributed

Note Well: The symptoms of Zika fever are non-specific and the following should be considered in the differential:

- 1. Dengue ó often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 2. Chikungunya often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 3. Fever and rash ó persons presenting fitting the case definition for this class 1 notifiable disease and should be investigated on first contact and blood taken (first contact) for all.
- 4. Malaria
- 5. Leptospirosis

Health Alert Card Sample

Front Back



Community Health Alert Card

To: The Resident

The ********* Health Department is conducting surveillance for a mosquito borne disease in your area. If you become ill with fever In the next three (3) weeks, please visit your health center or health care provider and present this card.

Community Health Alert Card

To: The Physician

The patient presenting this card may have been exposed to a communicable disease.

Please contact the Medical Officer of Health for the Parish.

Medical Officer of	of Health
---------------------------	-----------

*****	****Health Department
Address:	_

Telephone: ###-####

B. One Autochthonous Case

Zika fever cases (suspected and confirmed) should be investigated and a case investigation completed using the Case Investigation Form as a guide. The investigation is to reviewed by the Parish Medical Officer of Health (MO(H)) and forwarded to the National Surveillance Unit (NSU).

Household Contacts: household contacts should be followed for at least 22 days after the onset of symptoms or after the person returned from overseas.

School and Work Contacts: If persons with the diagnosis of Zika fever during the likely period for transmission went to work or school the appropriate officer (nurse, HR Department, Manager, Principal, Guidance Counsellor) should be sensitized to report any new case or reported illness to the Health Department.

Community: Households/Premises within a **200m** radius from the case should be visited **at least** eight days after the onset of symptoms. Persons fitting the case definition should have a case investigation form completed at first contact. Blood should be taken from 1 in 10 persons that fit the case definition. That is a case investigation form should be completed for all suspected cases and blood for 1 in 10 of the cases. Community health alert cards should be distributed to each household visited.

The following information should be obtained for each community surveyed:

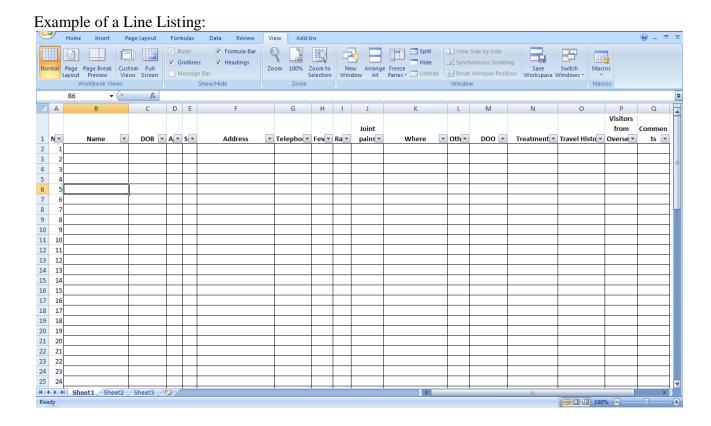
- O Total number of households in the **200m** radius
- Number of households visited
- o Number of households interviewed
- o Number of persons with fever
- o Number with fever and joint pain
- o Number of community health alert cards distributed

Note Well: The symptoms of Zika fever are non-specific and the following should be considered in the differential:

- 1. Dengue ó often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 2. Chikungunya often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 3. Fever and rash ó persons presenting fitting the case definition for this class 1 notifiable disease and should be investigated on first contact and blood taken (first contact) for all.
- 4. Malaria
- 5. Leptospirosis

C. Cluster of Suspected Zika Fever

In the event that there is a cluster of cases (2 or more cases) with symptoms suggestive of Zika fever the parish team should investigate as an outbreak. An outbreak report (see outbreak reporting form on pages 16 and 17) should be written and include a line listing, an epidemiological curve for the cases, hypothesis as to the cause and spread and interventions/actions taken or to be taken. The investigation should be reviewed by the MO(H) and forwarded to the NSU.



Based on the report received about the cluster a geographical area for community surveillance should be defined. A map of the area and the defined boundaries would be useful for the investigating team and for the reviewing team.

A house-to-house (premises-to-premises) fever surveillance should be conducted in the defined area. Persons fitting the case definition should have a case investigation form completed at first contact. Blood should be taken from 1 in 10 persons that fit the case definition. **Please note** that a case investigation form is to be completed for all suspected cases and blood taken from 1 in 10 of the suspected cases. Community health alert cards should be distributed to each household visited.

The following information should be obtained for each community surveyed:

- o Total number of households in the defined area
- Number of households visited

- Number of households interviewed
- o Number of persons with fever
- o Number with fever and joint pain
- o Number of community health alert cards distributed

Given that the symptoms for Zika fever are non-specific and the following conditions should be considered in the differential:

- 1. Dengue ó often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 2. Chikungunya often cases fit the definition for Zika virus infection, chikungunya fever and dengue fever.
- 3. Fever and rash ó persons presenting fitting the case definition for this Class 1 Notifiable Disease and should be investigated on first contact and blood taken (first contact) for all.
- 4. Malaria
- 5. Leptospirosis

It is likely that follow-up visits will need to be done in the communities with clusters.

OUTBREAK REPORTING FORM

A. Reporting De	tails		D. Clinical Details
200			16. Common Symptoms/Syndromes (check all that apply)
September 1	ng report:		
2. Region:			□ Nausea □ Vomiting
3. Parish:			☐ Diarrhea ☐ Abdominal cramps ☐ Fever ☐ Rash
4. Name of person	submitting report:	100,26	Respiratory symptoms Hemorrhagic symptoms
5. Contact telephon	e number:		Capital ulcar
	as completed:		Neurological symptoms Headache
	report or an upd	A. A.	Other, specify:
,	rest a resultation and a second	and an analysis of the	
B. Type of Outbre	eak		
8.	me Respiratory		17. Number of cases hospitalized:
☐ Water-bo	orne Sexually tra	insmitted infection	(including cases that died)
☐ Vector-b	orne Unknown at	this stage	NAMES OF STREET OF STREET OF STREET
☐ EPI disea	ese 🗆 Other, pleas	se specify below	18. Number of cases that died: (including cases hospitalized)
9. Was a vehicle/ver	ctor/source identified	Yes No	200 (2000)2015 (201 - 2007)2015 (2015)
10. If yes, please spe	ecify:		10. Insulation ended (circle assessments wells)
A STATE OF THE PARTY OF THE PAR	(SE, 1991		Incubation period (circle appropriate units) Average hours / days
C. Descriptive Epi	idemiology (pers	on, place)	Anademand .
	***************************************		Range: hours / days - hours / days
Number of cases:		cted or Probable	TOTAL IN 1885 DENIES TO THE PARTY
	Confi	med	20. Duration of illness (circle appropriate units)
			Average: hours / days
			Range: hours / days - hours / days
12. List number of ca		ie and confirmed)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
by age group and	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT		
Age Group		ses	E. Case Summary (time)
	Male Female	Unknown Total	21. Please record number of cases per unit time (attach epi
< 1 year			curve). Record time interval as:
1 - 4 years			- Month (i.e. 3an 04, Feb 04, Mar 04), or - Epidemiological week (i.e. 23, 24, 25), or
5 - 14 years			- Epidemiological Week (i.e. 23, 24, 25), or - Day (record as exact date, i.e. 23/06/04)
15 - 24 years	- 9		
25 - 44 years			Time Interval Number Suspect/ Number of Probable Cases Confirmed Cases
45 - 64 years			Probable Cases Constitued Cases
65+ years			111
Unknown			111
Total			1.11
A CONTRACTOR OF THE PARTY OF TH	20,500		740 I
Was the whole co	untry affected? Te	is No	
14. If no, describe the	e areas affected:		524
		2,000,000,000,000,000,000	030.1
15. Exposure setting		:	
☐ General communit	The state of the s	100	
☐ Health Institution (home)	
Other mistrucion (e.g. prison, boarding	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW	
☐ Hotel or resort con		- Carrey	
☐ Hotel or resort con	nplex		
☐ Hotel or resort con☐ Restaurant	nplex re facility		
Hotel or resort con Restaurant School or child car	nplex re facility		

OUTBREAK REPORTING FORM

	the outbreak? Yes known) of the pathogen			
and subtype (if	known) of the pathogen			
tool, blood, urin	e, nasal aspirate, etc)			
nber Number red Positive	Etiologic Agent	Subtype 1	Subtype 2	Antimicrobia Resistance Profile
3				
ecimens (*e.	g. ground beef, raw chic	ken, water, surface	e swab, etc)	
nber Number ted Positive	Etiologic Agent	Subtype 1	Subtype 2	Antimicrobia Resistance Profile
- 34	3	34E		33.
ical study				
		-		
		Sowino table		
Has tollasted	1		.00184736-0.4C15-000	- 12 m
Risk Factor			95% Confidence Intervals	p-value
1	other, please spe to epidemiologic d, what was the tal persons at ris y was conducted	tudy was conducted? Other, please specify to epidemiological study was conducted d, what was the overall attack rate? tal persons at risk] × 100) y was conducted, please complete the fo	tudy was conducted? Other, please specify to epidemiological study was conducted d, what was the overall attack rate? % tal persons at risk] × 100) y was conducted, please complete the following table	tudy was conducted? Other, please specify